

LIFEFORCE

IMMUNO AID COMBO

120 Capsules

Nappi Code: 702146-001

IMMUNO AID COMBO A SUPERIOR FORMULATION THAT BOOSTS IMMUNE FUNCTION & INCREASES STAMINA

Selected Vitamins, Minerals and Amino Acids and has been combined as an immune system booster. Also included are Lactoferrin and pre and pro-biotics known to be nature's greatest enhancers of a strong immune system. The pre and pro-biotics also assist and restore balances in the intestinal system.

THE FACTS:

The Immune System is the body's first defense in maintaining health, preventing illness and hastening recovery. Research has shown that supplementing the immune system can help you to resist illnesses. **Lifeforce offers you a product that will play a vital role in the healthy functioning of your immune system.**

The Immune System:

A complex system, which protects the body against pathogenic organisms and other foreign bodies. The immune system incorporates the humoral immune response, which produces antibodies to react with specific antigens, and the cell-mediated response, which uses T cells to mobilise tissue macrophages in the presence of foreign body. It also protects the body from invasion by creating barriers and inflammation. The local barriers provide chemical and mechanical defences through the skin, the mucous membranes and the conjunctiva. Inflammation draws polymorpho nuclear leukocytes and neutrophils to the site of injury where these

phagocytes engulf the invading organism. The humoral response and the cell-mediated response develop if the first line defenses fail or are inadequate to protect the body. The humoral immune response is especially effective against bacterial and viral invasions and employs B cells that produce appropriate antibodies. The principal organs of the immune response system include the bone marrow, thymus and the lymphoid tissues. The system also employs peripheral organs, such as the lymph nodes, spleen and lymphatic vessels. The antigen-antibody reactions of the immune system activate the complement system, which removes antigens from the body. The complement system contains several discrete proteins, which function to produce lysis of the antigenic cells. The humoral response may begin immediately upon invasion by the antigen or may start as long as 48 hours later.

What can go wrong with the immune system?

Becoming Immuno-deficient is an abnormal condition of the immune system in which cellular or humoral immunity is inadequate and resistance to infection is decreased.

The Immune System contains lymphatic glands that help to filter out infection. The glands also prevent germs from infecting other body organs. Infections enlarge the lymph nodes. They swell up with millions of lymphocytes as the body mounts an immune response to kill the foreign organism. Particularly noticeable are the neck glands after a sore throat or other respiratory infection (for instance glandular fever, a viral infection transmitted by saliva, causing painful glands for weeks).

The presence of painless large nodes is more serious. It is associated with Epstein Barr Infections (One of the ME / Yuppie Flu Viruses) HIV, Aids and Cancer.

AN INTRODUCTION TO A HEALTHY LIFE

Getting the most out of life requires good health, energy and vitality. Positive lifestyle habits including balanced nutrition, supplementation, adequate exercise and relaxation help you reach these goals. A healthy body enables a healthy mind, spirit and soul, ensuring complete holistic health.

IMMUNO AID COMBO HAS BEEN MEDICALLY CREATED TO STIMULATE AND STRENGTHEN YOUR IMMUNE FUNCTION

FUNCTIONS OF SELECTED COMPONENTS IN LIFEFORCE IMMUNO AID COMBO

AMINO ACIDS

Proteins are the most complete of all food compounds. They are made up of any one of thousands of combinations of just 24 Amino Acids. Of these there are 20 amino acids that make up approximately 40,000 different types of protein found in the human body. These 20 amino acids are the building blocks of peptides, polypeptides, and protein. Eight amino acids are 'essential amino acids', ones that the body cannot manufacture (synthesize) itself, but which must be acquired. They are essential for nitrogen equilibrium in adults and optimal growth in infants and children. Without them, no synthesis of protein can take place. Amino Acids found in this formula perform as anti-oxidants and can help ward off bacterial and viral diseases, increasing stamina and protecting against immune system suppression.

BARLEY GRASS

Barley grass contains at least sixteen vitamins, twenty-three minerals, eighteen amino acids, natural chlorophyll and one of the most important aspects is that it contains live digestive enzymes. Chlorophyll has the potential in stimulating tissue growth and red blood cell formation. Chlorophyll reduces absorption of dietary carcinogens. Barley grass has a high alkalising effect, which helps reduce the acidity in our body fluids. Our cells cannot adequately function if the PH (which measures acidity and alkalinity) is not in a narrow range. Most processed food is acidic and when we consume too much of it, the acidity-alkalinity balance in the body is upset.

Enzymes

Enzymes are the catalysts for the body's essential chemical reactions and are responsible for our digestive processes, for providing cellular energy, antioxidant effects and also for the normal

functioning of all bodily functions. These minute particles are found in every cell in the body. Despite their importance, most people do not get the enzymes they require. This is because heat destroys enzymes and most of our foods, whether cooked at home or pre-processed, are heated and the enzymes are destroyed.

COLOSTRUM / LACTOFERRIN

Research has shown that Colostrum, the first nourishment that a mother provides her newborn. It 'programs' and blueprints the baby's immune system. It also facilitates powerful natural immune and growth factors. Lactoferrin, the primary component, is Nature's greatest enhancer of a strong Immune System.

Taken as a supplement:

- ✓ Lactoferrin can dramatically boost our own immune powers.
- ✓ Taken daily as a multivitamin, it can turn your immune system into a super fortress for superior protection.
- ✓ Colostrum helps combat disease-causing organisms such as bacteria, viruses, yeast and parasites.
- ✓ It also helps resist the harmful effects of pollutants, contaminants and allergens.
- ✓ It is an ideal food source for the immune system and has growth factors which hundreds of studies report are critical to the health of humans.

GRAPE SEED & PINE BARK EXTRACTS

Grape Seed & Pine Bark Extract (Pycnogenol) have been used clinically in South Africa & Europe for a number of conditions including:

- Circulatory problems of the heart and brain
- Capillary fragility and
- Macular degeneration

Both are superior antioxidants that are up to 50 times more powerful than Vitamin C, E and Beta Carotene. Included in this formulation to enhance the usefulness of these antioxidants, are Citrus Bioflavonoids, Vitamin C and Selenium.

This combination is known to strengthen the immune functions, the walls of blood vessels, reduce inflammation and generally offer nutritional support to tissue containing collagen and elastin. This in total results in a superior antioxidant.

MINERALS

Research has revealed the crucial importance of minerals. As constituents of various enzyme systems, minerals are vital factors in health and well-being, releasing your body's natural healing power.

- ✓ Vitamins cannot function, or be assimilated, without the aid of minerals.
- ✓ And though the body can synthesize some vitamins, it cannot manufacture a single mineral!

VITAMINS

Vitamins are organic substances necessary for life.

- ✓ Vitamins are essential to the normal functioning of our bodies and, save for a few exceptions, cannot be manufactured or synthesised by our bodies, and must be obtained from the diet or dietary supplements.
- ✓ Food is like the fuel in an engine, and vitamins are the spark plugs.
- ✓ They are necessary for our growth, vitality, and general well-being.

PRE AND PRO-BIOTICS

Are recommended for the restoration and maintenance of the natural intestinal flora. They assist in the suppression of diarrhoea, intestinal pathogens and of inflammatory reactions in the intestines. They treat small intestine disorders and are ideal for the control of Candida Albicans overgrowth.

Before birth, babies' intestines are sterile. They acquire intestinal micro-flora from their mothers during natural labour. By the time they are toddlers there are more than 400 species of bacteria inhabiting their digestive tract. Some can be harmful, but a few have a mutually beneficial relationship with humans. The main ones live in the small intestine and some reside in the large intestine (colon). Pre

and Pro-Biotics control the intestinal flora and contribute not only to healthy digestion but also to overall well-being.

BENEFITS:

- ✓ By producing organic acids such as lactic, acetic, hydrogen peroxide, prebiotic bacteria prevent and inhibit infection from a variety of pathogenic bacteria, yeasts and viruses. If an infection already exists, its growth will be inhibited.
- ✓ It produces an enzyme that splits lactose (milk sugar) helping with the digestion of this sugar, reducing the possibility of lactose intolerance.
- ✓ By stimulating the functions of the immune system, it helps to fight numerous pathogenic micro organisms.
- ✓ By enhancing the absorption of nutrients, particularly of minerals such as Calcium, Manganese and Iron, it stimulates growth and development in children.
- ✓ Preventing osteoporosis in adults.
- ✓ By suppressing some of the undesirable immune reactions, pre & pro-biotics can help control some food allergies, and Asthma.

INDICATIONS:

Lowered Immune Function, Chronic infections, Systemic Candida, Yuppie Flu (ME), Fatigue, Stress, Swollen glands, Muscle & joint pains, weight loss and allergies

DOSAGE

2 Capsules three times a day 20 minutes before meals.

REFORM DISTRIBUTORS (PTY) LTD

Suppliers of Lifeforce Products
Suite 250, Private Bag X153, Bryanston, 2021
Tel No: (011) 659-0612 Fax No: (011) 659-0578
E-mail address: we_are@yebo.co.za

A MEMBER OF THE HEALTH PRODUCTS ASSOCIATION

CONTACT: SUE DU PLESSIS
